



OFFERINGS: PB&J MEAL
GARDEN SALAD & FRESH FRUIT

Worcester County Public Schools

November 2018 High Schools

Specialty Salads

Week 1 – Garden Salad w/ Tuna Salad
Week 2 – Chicken Caesar Salad
Week 3 – Chef Salad
Week 4 – Garden Salad w/ Chicken Salad

Monday

Tuesday

Wednesday

Thursday

Friday



5



6

7
Cheese Max Sticks
w/ Marinara
Fish Tacos & Slaw
Steamed Kale
Chilled Fruit
Milk

7

1
Turkey BLT Sandwich
Nachos w/ Tex Mex
Steamed Peas
Chilled Fruit
Milk

1

2
Mickey's Cheese Pizza
Cheeseburger w/ Let & Tom
Emoji Fries
Fresh Fruit
Milk

2

8
Chicken & Waffles
Asian-Influenced Meatballs
Brown Rice
Steamed Broccoli
Chilled Fruit
Milk

8

9
Pizza – Buffalo or Pepperoni
Chicken Patty Sandwich
Seasoned Spiral Cut Fries
Steamed Corn
Chilled Applesauce
Milk

9

12
Crispy Popcorn Chicken
Street Tacos w/ Beef Taco
Filling
Pinto Beans
Roasted Sweet Potato Chips
Chilled Fruit
Roll
Milk

12

13
Chicken Fajitas
Pulled Pork Sandwich
Homemade Coleslaw
Steamed Broccoli
Apple Slices
Milk

13

14
Cheese Steak Sub
Spicy Chicken Sandwich
Baked Beans
Steamed Corn
Chilled Peaches
Milk

14

15
Roasted Turkey
Baked Chicken Breast
Stuffing
Whipped Potatoes w/ Gravy
Seasoned Green Beans
Chilled Fruit
Cookie
Milk

15

16
Mickey's Cheese Pizza
Cheeseburger
Smiley Fries
Mixed Vegetables
Fresh Fruit
Milk

16

19
Shrimp Poppers w/ Mac &
Cheese
Spaghetti w/ Garlic Bread
Seasoned Chopped Kale
Chilled Applesauce
Milk

19

20
Meat Calzones w/ Marinara
Sauce
Cheese Steak Sub
Potato Rounds
Steamed Carrots
Chilled Peaches
Milk

20



21



22



23

26
Crispy Chicken Nuggets
Breaded Mozzarella Sticks
Whipped Potatoes w/ Gravy
Steamed Baby Carrots
Chilled Fruit
Roll
Milk

26

27
Nachos w/ Tex Mex
Cold Cut Sub
Roasted Sweet Potato Chips
Seasoned Spinach
Chilled Peaches
Milk

27

28
Cheese Max Sticks w/
Marinara Sauce
Orange Chicken
Steamed Oriental Blend
Chilled Mandarin Oranges
Milk

28

29
Hot Dog & Tots
Meatball Sub
Steamed California Blend
Chilled Fruit
Milk

29

30
School Made Pizza
Fish Sandwich w/ Cheese
Seasoned Spiral Cut Fries
Steamed Broccoli
Chilled Fruit
Milk

30

This institution is an equal opportunity provider.