





January 2018 High School

Monday	Tuesday	Wednesday	Thursday	Friday
Grab-n- Go salad of the week: Garden Salad/PBJ Daily Week 1: Chicken Caesar Week 2: Garden Salad w/Chicken Salad Week 3: Chef Salad Week 4: Garden Salad w/ Tuna Salad	<u>2</u> 	<u>3 Cereal</u> Shrimp Poppers w/Mac & Cheese Spaghetti w/ Garlic Bread Seasoned Chopped Kale Steamed Corn Chilled Peaches Milk	<u>4 Pancake on Stick</u> Chicken Tenders w/ dipping sauce Hot dog on Bun Sweet Potato Fries Steamed Broccoli Chilled Apple Sauce Milk	<u>5 Breakfast Sausage Sandwich</u> Big Daddy's Pepperoni Pizza Cheeseburger Carrots w/ ranch sauce Baked Beans Chilled Pears Milk
<u>8 Cereal</u> Chicken Breast Sandwich Meatloaf Whipped Potatoes/Gravy Steamed Baby Carrots Chilled Pears Milk	<u>9 French Toast</u> Tyson Popcorn Chicken French Bread Pizza Seasoned Spiral Fries Turnip Greens Chilled Fruit Milk	<u>10 Breakfast Bread</u> Cheeseburger Seasoned Chicken Fajitas Pinto Beans Green Beans Chilled Fruit Milk	<u>11 Pancake on Stick</u> Breaded Chicken Nuggets BBQ Beef Rib Sandwich Corn Broccoli Apple Sauce Milk	<u>12 Mini Cinnis</u> Mickey's Cheese Pizza Chicken Breast Sandwich Oven Fries California Blend Veggies Chilled Fruit Milk
<u>15</u> 	<u>16 Cereal</u> Trident Fish Sandwich & Chips Cheeseburger Baked Beans Peas Chilled Peaches Milk	<u>17 Breakfast Bread</u> Chicken Tenders Sloppy Joe Sandwich Sweet Potato Fries Steamed Chopped Kale Apple Slices Milk	<u>18 Breakfast Sausage Sandwich</u> Nachos w/Tex Mex Popcorn Chicken Brown Rice Steamed Baby Carrots Fresh Fruit Milk	<u>19 Cinnamon Crisps w/ String Cheese</u> Mickey's Cheese Pizza Cold Cut Sub Oven Fries Steamed Broccoli Chilled Pears Milk
<u>22 Cereal</u> French Bread Pizza Teriyaki Chicken Sandwich Oven Fries Steamed Broccoli Chilled Mandarin Oranges Milk	<u>23 Mini Cinnis</u> Cheese MAX Sticks W/ Marinara Sauce Nachos w/Tex Mex Pinto Beans Steamed Baby Carrots Chilled Pears Milk	<u>24 Yogurt/ Cinnamon Grahams</u> Hot Dog on Bun Pepperoni Calzones Steamed Corn Steamed Zucchini Chilled Peaches Milk	<u>25 Pancake on Stick</u> Oriental Orange Chicken Cheese Steak Sub Steamed Green Beans Brown Rice Fresh Fruit Milk	<u>26 Breakfast Chicken Sandwich</u> Big Daddy's Pepperoni Pizza Chicken Patty Sandwich Seasoned Spiral Cut Fries Seasoned Turnip Greens Apple Slices Milk
<u>29</u> 	<u>30 Cereal</u> Shrimp Poppers w/Mac & Cheese Spaghetti w/ Garlic Bread Steamed Chopped Kale Corn Chilled Peaches Milk	<u>31 Pancake on Stick</u> Cold Cut Sub Teriyaki Chicken Sandwich Baked Beans Steamed Broccoli Chilled Mandarin Oranges Milk		

This institution is an equal opportunity provider.